



Health History Questionnaire

Date _____ Name _____ DOB _____

Please answer every question on both sides of the following pages.

Please circle Y for "yes" or N for "no"

- | | | | |
|--------------------------------|--------------------------|-----------------------------------|--|
| Y N Abnormal Weight Loss | Y N High Cholesterol | Y N Broken Bones | Y N Breast Lump |
| Y N Abnormal Weight Gain | Y N Heart Failure | | ___# Pregnancies |
| Y N Excessive Fatigue | Y N Heart Attack | Y N Rashes | ___# Live Births |
| Y N Insomnia | Y N High Blood Pressure | Y N Hives | ___# Miscarriages |
| Y N Anemia | | Y N Moles | ___# Abortions |
| Y N Cancer or Tumor | Y N Breathing Problems | | Have you been exposed to |
| | Y N Frequent Bronchitis | Y N Seizure | or do you have a close |
| Y N Glasses/Contacts | Y N Emphysema/COPD | Y N TIA | family member with... |
| Y N Glaucoma | Y N Pneumonia | Y N Stroke | Y N HIV/AIDS |
| Y N Cataracts | Y N Asthma | Y N Numbness | Y N Hepatitis |
| Y N Other problems with vision | | Y N Weakness | Y N TB (Tuberculosis) |
| | Y N Heartburn/ Reflux | Y N Memory Loss | |
| | Y N Ulcer Disease | Y N Headaches | <input type="checkbox"/> In the past 6 months, |
| Y N Hearing Loss | Y N Gallbladder Disease | | have you had any |
| Y N Ear Problems | Y N Blood in Stool | Y N Depression | significant stressors or life |
| Y N Ringing in Ears | Y N Hepatitis | Y N Anxiety/Panic Attacks | changes? |
| | Y N Diarrhea, | Y N Suicide Attempt | _____ |
| Y N Allergies | Constipation, | Y N Physical Abuse | _____ |
| Y N Frequent Sinus Infections | or other changes in | Y N Sexual Abuse | _____ |
| | bowel habits | Y N Mental Illness | _____ |
| | | | Other medical problems: |
| Y N Angina | Y N Hemorrhoids | Y N Diabetes | <input type="checkbox"/> _____ |
| Y N Frequent Chest Pain | Y N Abdominal Pain | Y N Thyroid Disease | |
| Y N Irregular Heartbeat | Y N Colon Polyp | Y N Sexually Transmitted Diseases | |
| Y N Heart Murmur | | | |
| | Y N Urinary Frequency | | |
| | Y N Bladder Infections | | |
| | Y N Prostate Problems | | |
| | Y N Urinary Incontinence | | |
| | Y N Kidney Problems | | |

<p>List all medications, and vitamins you are taking:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p>	<p>List <i>all</i> surgeries you have had:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p>	<p>List <i>all</i> medication allergies:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p>
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When did you last have any the following? (Please indicate month, year and location):

Colonoscopy	Date: _____	Never <input type="checkbox"/>
Bone Density/DEXA scan	Date: _____	Never <input type="checkbox"/>
Mammogram	Date: _____	Never <input type="checkbox"/>
Pap Smear	Date: _____	Never <input type="checkbox"/>

Please describe your use of tobacco products.

None Cigarettes Smokeless Tobacco Pipe Cigars

How much do you or did you smoke _____ per day? For how many years _____ ?

Do you wish to quit? Now Soon Eventually Never

Have you quit? _____ When? _____

Alcohol: How often do you drink?

1. Never
2. Occasionally (Social) If so, how much? _____
3. Daily If so, how much? _____

Please check if there is a history of any of the following diseases in your family.

Heart Disease/Heart Attack Diabetes High Cholesterol Osteoporosis
 Colon Cancer Prostate Cancer Breast Cancer Ovarian Cancer Skin Cancer

Please list any additional medical conditions in your family _____

Patient Signature _____ Date _____

Staff Signature _____ Date _____